

MARCH 22, 2020 – A DAY WITH THE LORD

Amid the real concerns caused by the COVID 19, the words of St. Paul continue to come to us: “Do not be anxious about anything, but in everything by prayer and petition with thanksgiving present your requests to God.” Phil 4:6.

These words were actualized in the members of Nepal Region as we came together to pray for our suffering brethren. It was the need of the time to pray earnestly .In our Region, especially on 22 March, Sunday each sister took an hour to pray in front of the Blessed Sacrament and observed the day as a day of prayer. Some of our sisters did personal penance in different ways as well as abstained from food. From 6.30 pm to 7.30 pm we had the common adoration. It was indeed a graceful time for us to unite ourselves in the suffering of our brothers and sisters through our prayers and fasting. This perpetual adoration still continues in our communities. We share in the sufferings of our afflicted brethren through our prayers and thoughts.

